

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	CIRCUIT TRAINING 8:00 AM 1
 2	FITNESS BOOT CAMP 8:00 AM 3	4	SPIN AEROBICS 6:00 PM 5	6	7	CIRCUIT TRAINING 8:00 AM 8
9	FITNESS BOOT CAMP 8:00 AM 10	 11	SPIN AEROBICS 6:00 PM 12	13	14	CIRCUIT TRAINING 8:00 AM 15
16	FITNESS BOOT CAMP 8:00 AM 17	18	SPIN AEROBICS 6:00 PM 19	20	21	CIRCUIT TRAINING 8:00 AM 22
23	FITNESS BOOT CAMP 8:00 AM 24	25	26	 27 LEASING OFFICE CLOSED	28	29
30	1	2	3	4	5	6

Office Hours

Mon, Tue, Thurs & Fri: 9am - 6pm
Wed: 10am - 5pm
Sat: 10am - 5pm **Sun:** 1pm - 5pm

Phone: 954-344-5483

Address:
 3701 Turtle Run Boulevard
 Coral Springs, FL 33067

Maintenance Emergencies:

If you need immediate maintenance service after regular office hours:
954-344-5483

Courtesy Attendant:

Please call the office if you are in need of our Courtesy Attendant's service. If it is after regular office hours the answering service will forward your message.